

# YOUTH & FAMILY SERVICES

Peak Wellness Center offers Wyoming's most comprehensive mental health and substance abuse treatment programs for children and teens. These include extensive support services for families, such as parenting groups and all-ages family counseling. A private, non-profit, fully accredited organization, we have over 50 years of experience serving families in our community.



## WHAT YOU CAN EXPECT

Our compassionate, experienced, highly qualified team will customize a care plan for the unique needs of your child and family. We create a welcoming, safe environment for treatment, recovery and personal growth.

## AFFORDABLE FOR EVERYONE

We accept Medicaid and most insurance coverage, and our sliding fee scale makes it possible for every family in our community to afford Peak's top-quality services.

## GETTING STARTED IS EASY

Contact us to schedule an initial appointment to enroll in Peak services so we may begin helping your family get through tough times and become stronger and happier.

We help your child become his or her best self and develop new skills for success in life.

## YOUTH & FAMILY SERVICES

Our youth specialists in mental health care, substance abuse treatment and wellness services include one of southeastern Wyoming's only child psychiatrists as well as trauma therapists, family therapists, and clinical social workers who advocate on behalf of our clients. We provide age-specific therapy and programs for children ages 3 to 18 years.

- Child psychiatry
- Youth therapy programs
- Youth substance abuse treatment
- Youth trauma services
- ADD/ADHD specialty services
- Family counseling
- Case management
- Parenting classes
- Support groups
- Infant & early childhood services
- Social skills training
- Recreational & social programs
- myStrength for families and clients

Contact us for details about our many Youth & Family Services offerings.



Suicide Prevention: If you or a friend needs immediate help, please call 911; or the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).

### LARAMIE COUNTY

Cheyenne

307.634.9653

### YOUTH & FAMILY

Cheyenne

307.632.9362

### ADULT PSYCHIATRY

Cheyenne

307.637.3953

### ALBANY COUNTY

Laramie

307.745.8915

### GOSHEN COUNTY

Torrington

307.532.4091

### PLATTE COUNTY

Wheatland

307.322.3190

[PeakWellnessCenter.org](https://PeakWellnessCenter.org)